

How I treat high-risk Hodgkin lymphoma in first line

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Disclosures for Stephen Ansell, MD, PhD

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N/A = Not Applicable (no conflicts listed)

What is the goal of frontline therapy in Hodgkin lymphoma?

- To cure more patients
 - Treatment *needs to increase survival*
- To limit long term toxicity
 - Treatment *must not decrease survival*

Historically we had 2 approaches -

- Low-intensity first-line therapy (like ABVD)
 - requires intensifying treatment for poor metabolic responders to improve lymphoma control
 - To possibly cure more patients.
- High-intensity first-line therapy (like escBEACOPP)
 - requires a reduction in treatment in good responders, with the aim of improving safety.
 - To limit long term toxicity
- Need a PET-driven strategy to achieve this

**Limited stage Hodgkin lymphoma –
RT or not?**

Risk Factors for Early-Stage Hodgkin Lymphoma

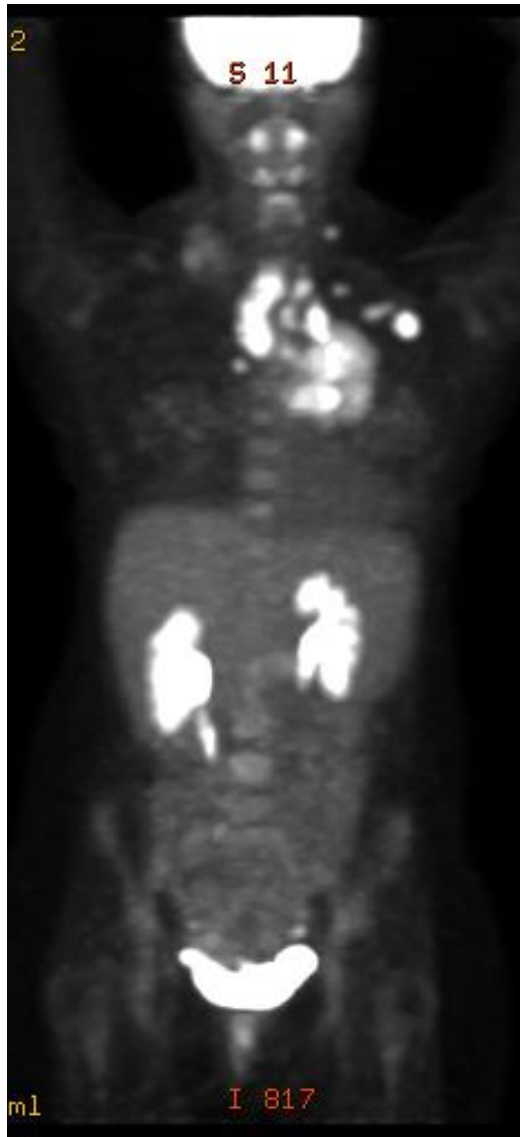


Table 1 | Definition of early stage unfavourable HL depending on the study groups*

Risk factors	EORTC	GHSB	NCIC/ECOG	NCCN 2010
Large mediastinal mass (>1/3)	Yes	Yes	No	Yes or >10 cm
Histology other than LP/NS	No	No	Yes	No
Age	≥50 years	No	≥40 years	No
Extranodal disease	No	Yes	No	>1 lesion
ESR ≥50 mm/h without B-symptoms or ≥30 mm/h with B-symptoms	Yes	Yes	Yes, if ≥50	Yes, if ≥50 or any B-symptoms
Number of nodal areas involved	≥4 nodal areas	≥3 nodal areas	≥4 nodal areas	≥3 nodal areas

*All patients must have stage I or II disease according to the Ann–Arbor classification (that is, involved lymph node regions only on one side of the diaphragm). Abbreviations: ECOG, Eastern Cooperative Oncology Group; EORTC, European Organisation for Research and Treatment of Cancer; ESR, erythrocyte sedimentation rate; GHSB, German Hodgkin Study Group; HL, Hodgkin Lymphoma; LP, lymphocyte predominance; NCCN, National Comprehensive Cancer Network; NCIC, National Cancer Institute of Canada; NS, nodular sclerosis.

The role of the interim PET in limited stage cHL to direct therapy

RAPID Trial (n=571; 2/3 favorable) –

PET negative – ABVD x3 versus ABVD x3 + IFRT

PET Positive – ABVD x4 + IFRT

EORTC/LYSA/FIL H10 Trial (n=754; EORTC favorable) –

Standard Arm – ABVD x3 + INRT

Experimental Arm – PET directed

PET negative – ABVD x 4

PET positive – ABVD x 2, escBEACOPP x 2, INRT

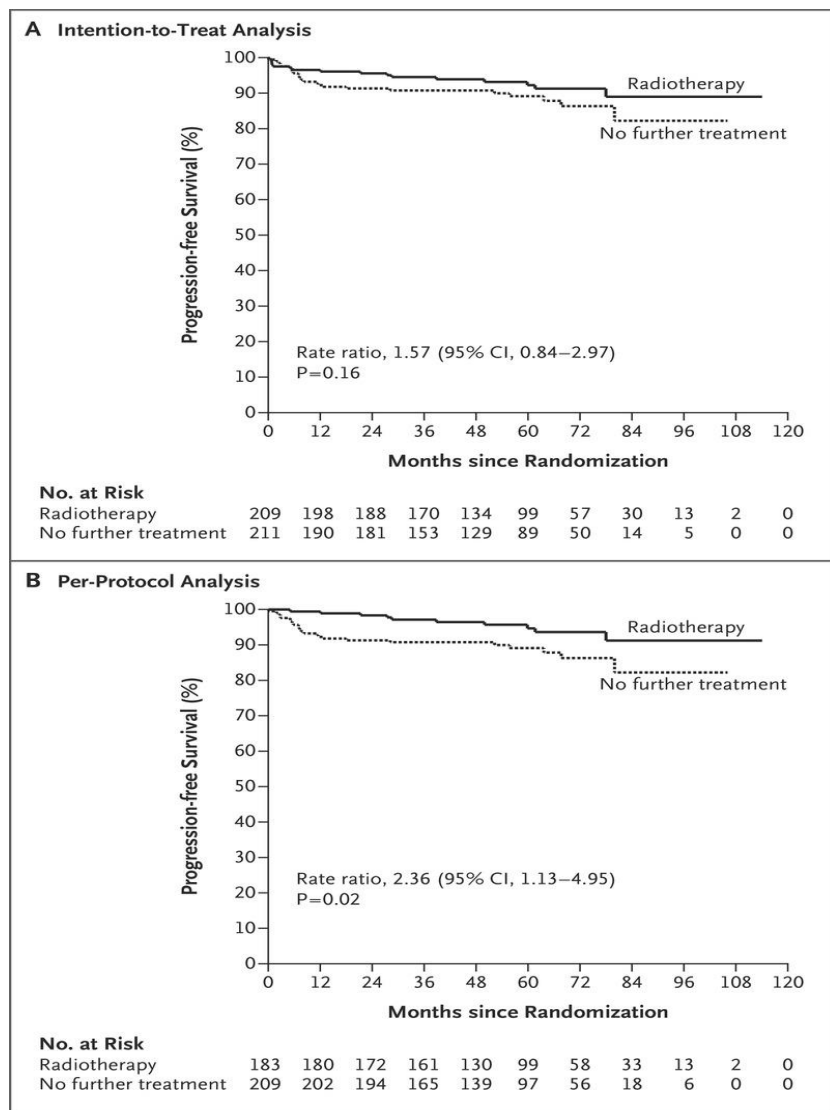
GHSG HD16 (n=1150; GHSG favorable) –

Standard Arm – ABVD x 2 + 20Gy IFRT

Experimental arm – PET directed

IFRT only if PET positive

RAPID trial of PET-directed therapy for early-stage Hodgkin's lymphoma



PET negative –
ABVD x3 versus ABVD x3 + IFRT

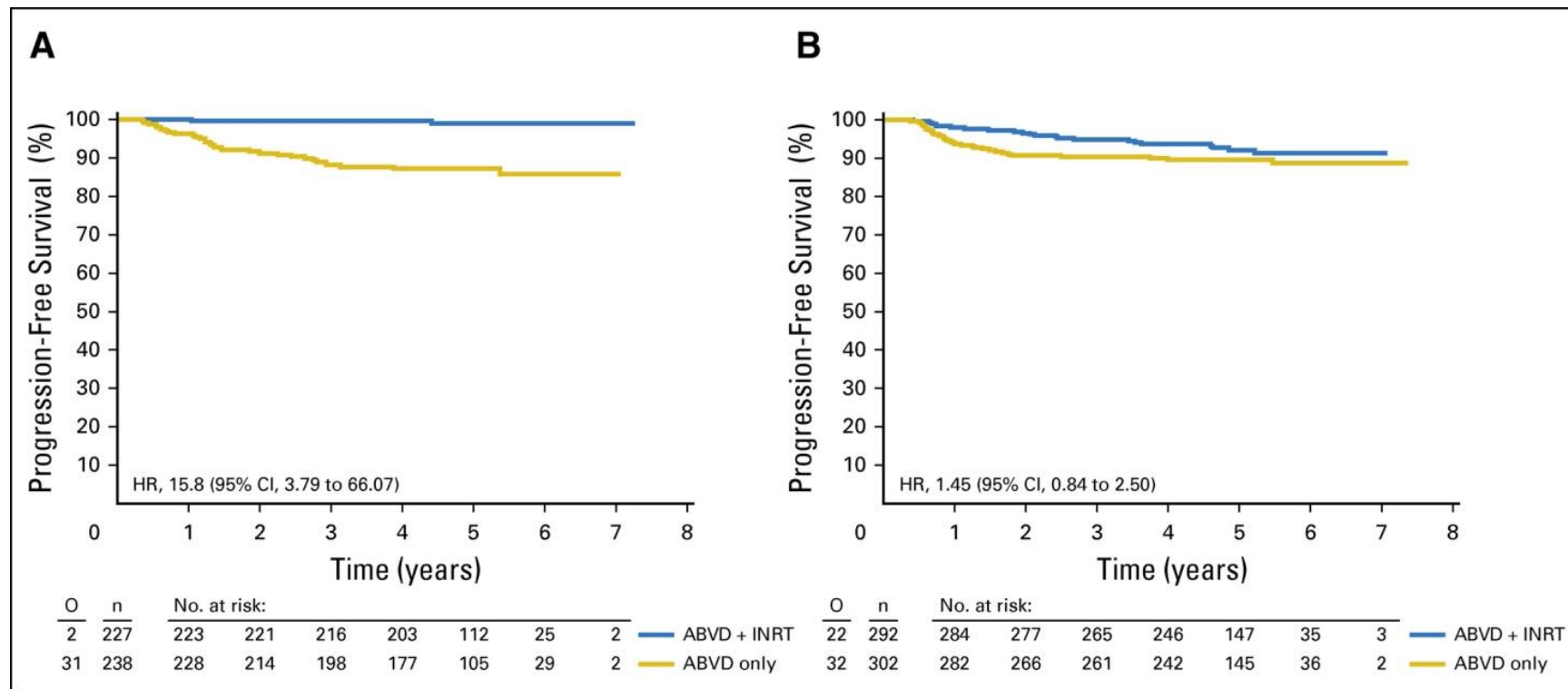
H10 Trial: Progression-free survival of 1,059 early positron emission tomography–negative patients

Standard Arm – ABVD x3 + INRT

Experimental Arm – PET directed

PET negative – ABVD x 4

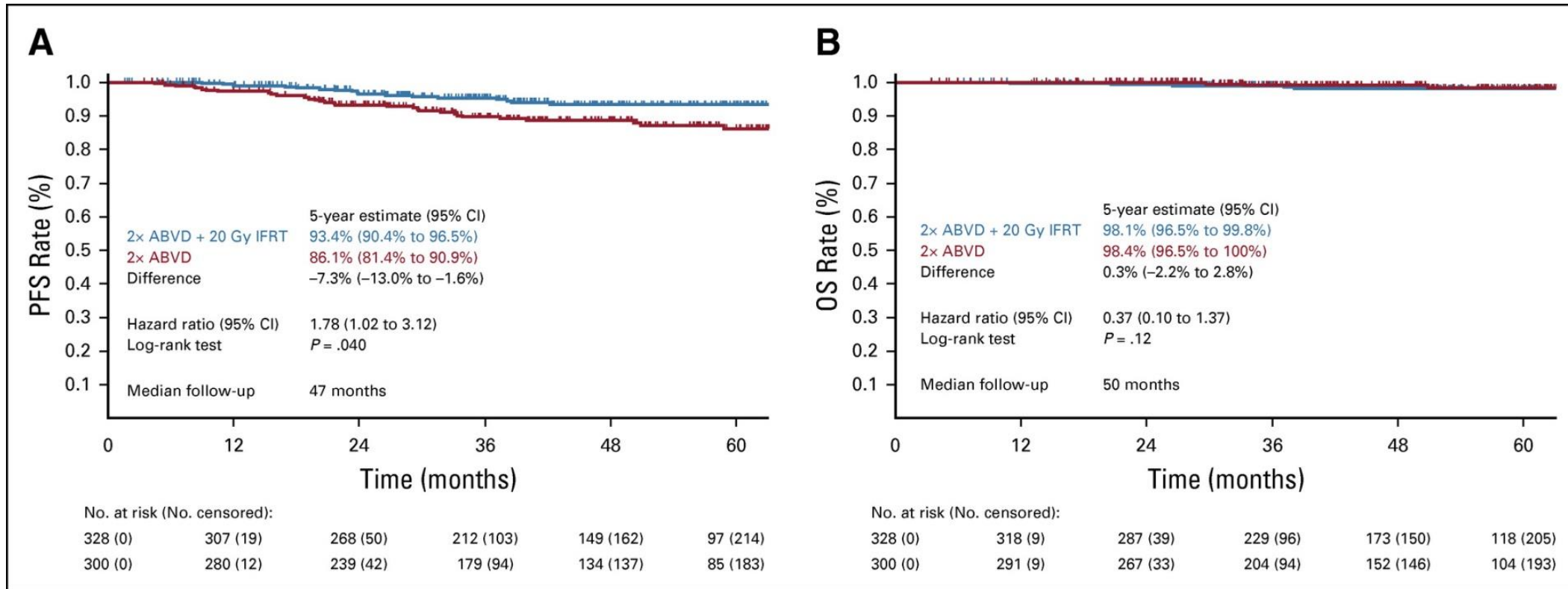
PET positive – ABVD x 2, escBEACOPP x 2, INRT



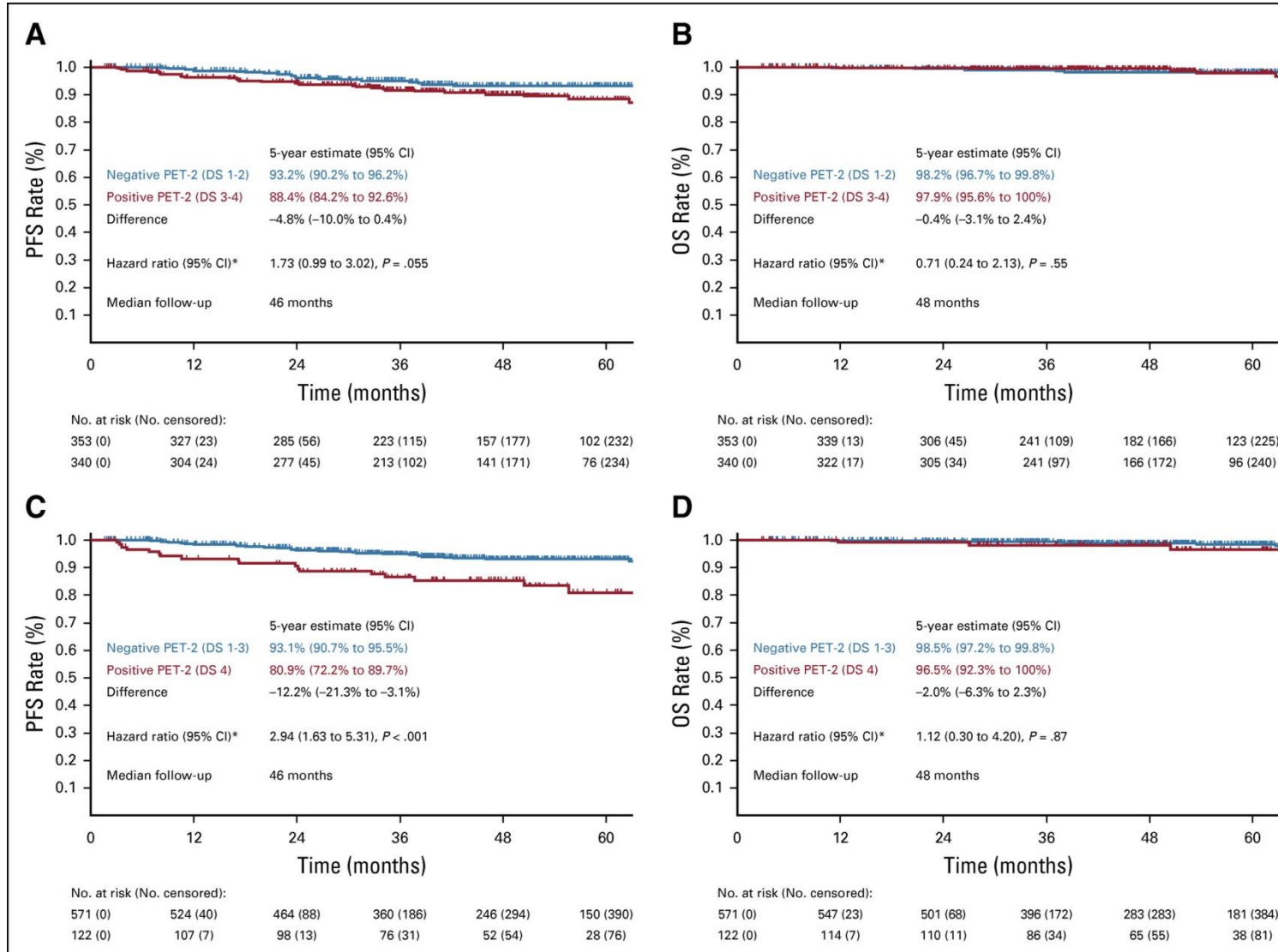
PET-Guided Treatment in Early-Stage Favorable Hodgkin

Lymphoma: HD16 Trial

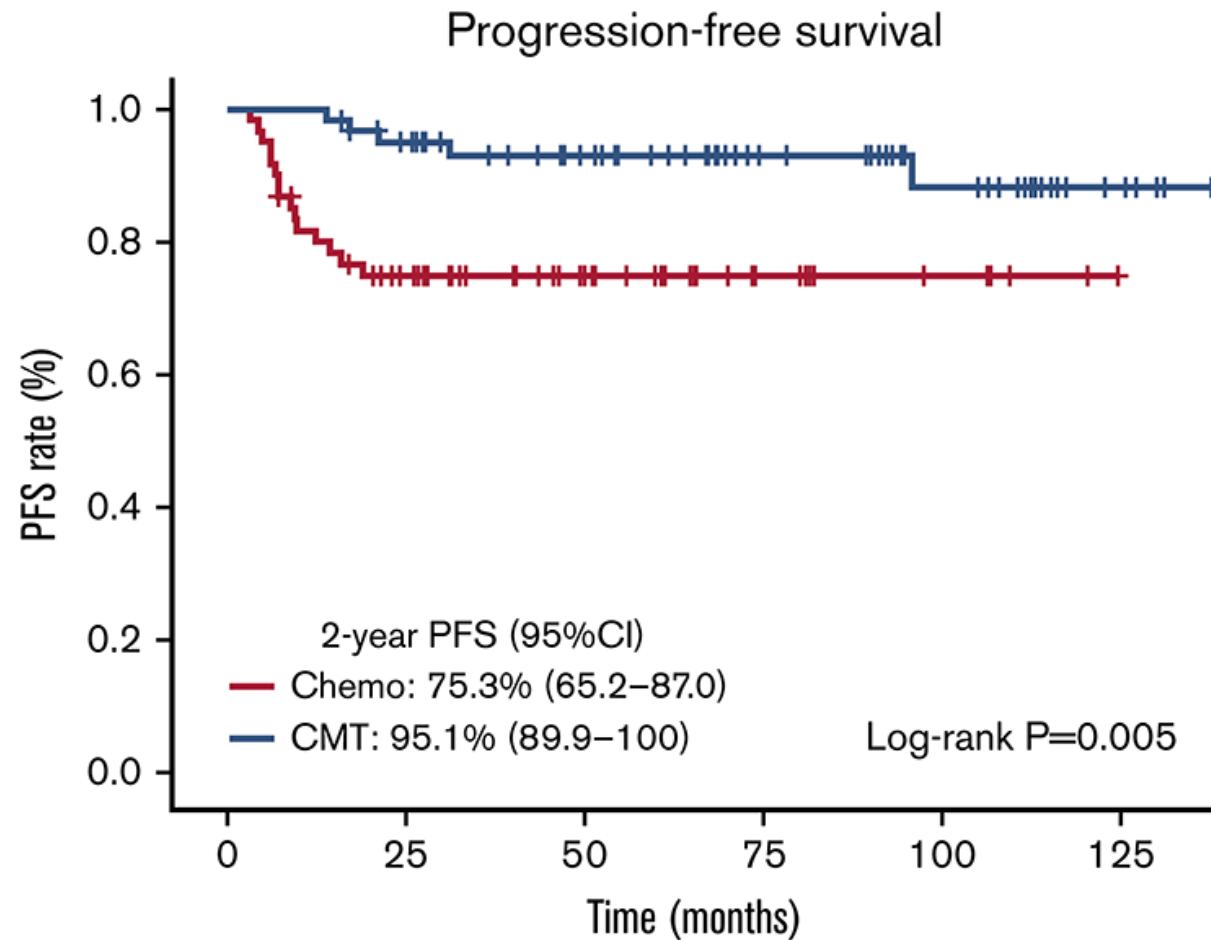
Standard Arm – ABVD x 2 + 20Gy IFRT
 Experimental arm – PET directed
 IFRT only if PET positive



HD16: PET-2–neg and PET-2–pos patients assigned to receive RT: Does the DS cut point matter?



A real-world study of combined modality therapy for early-stage Hodgkin lymphoma: too little treatment impacts outcome



- In the real-world setting, CMT improved outcomes for patients with PET2-positive and unfavorable disease.
- Similar to clinical trials, favorable, non-bulky, and PET2-negative subgroups had comparable survival outcomes with chemotherapy alone.

Number at risk

Chemo:	62	39	21	9	4	0
CMT:	63	56	44	29	19	6

Limited stage Hodgkin lymphoma – RT or not?

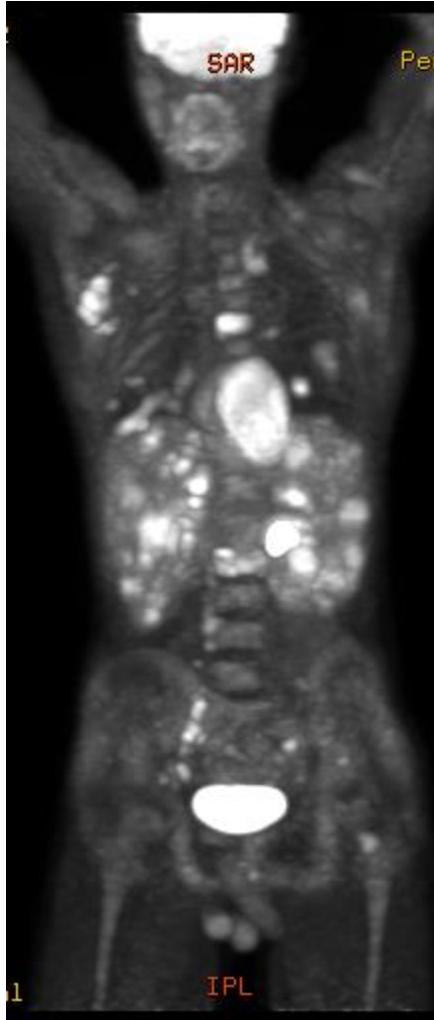
- PET-directed therapy is feasible and may impact therapy, but not as one may think –
 - If PET2 is negative, omitting RT negatively impacts PFS
 - If PET2 is positive, escalating therapy may improve outcome

My view –

- Simply omitting RT should be done with caution particularly in patients with bulky disease, poor prognostic features
- Consider proton beam, clinical trial adding novel agents

**Advanced stage Hodgkin lymphoma –
BV(N)-AVD vs A(B)VD?**

Prognostic Factors in Hodgkin Lymphoma



Advanced Disease

Age \geq 45 years

Stage IV

Male sex

White blood count \geq 15,000 cells/ μ l

Lymphocyte count $<$ 600 cells / μ l or $<$ 8%

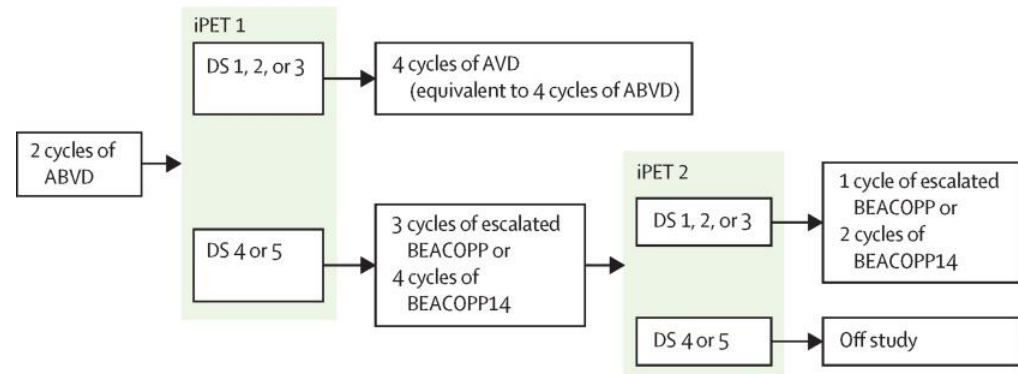
Albumin $<$ 4.0 g/dL

Hemoglobin $<$ 10.5 g/dL

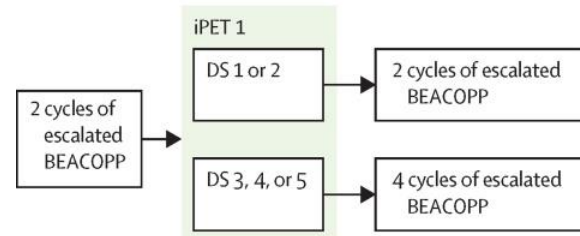
Hasenclever et al. NEJM 1998; 339: 1506-1514

The role of PET scans in advanced stage cHL to direct therapy

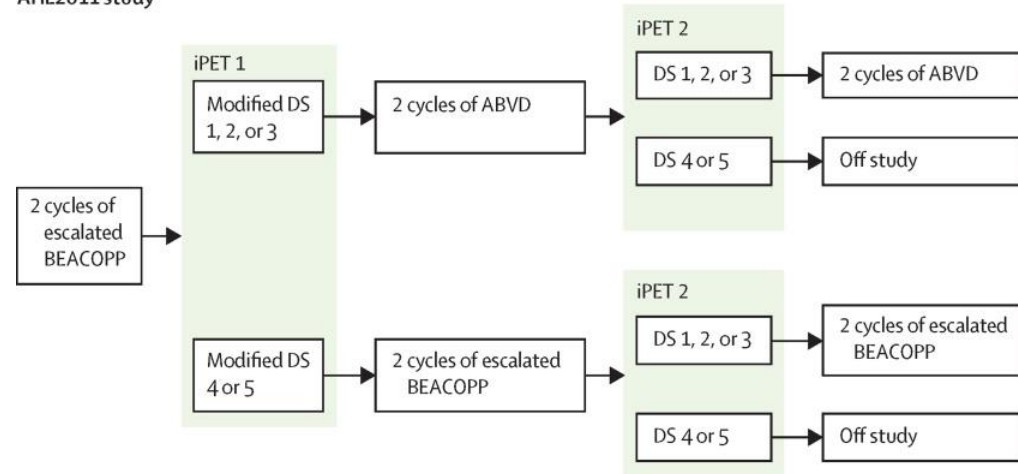
RATHL study



GHSB HD18 study



AHL2011 study



Start low – switch to intense therapy if needed
Drop toxic drug if doing well

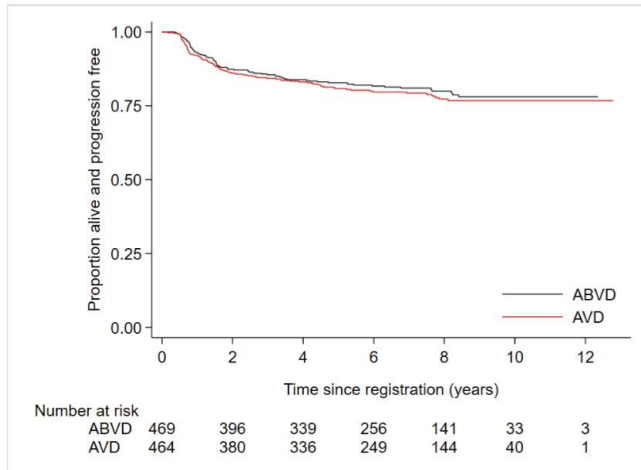
Start high – decrease number of cycles of intense therapy if doing well

Start high – switch to less intense therapy if doing well
Test whether PET approach impacts outcome

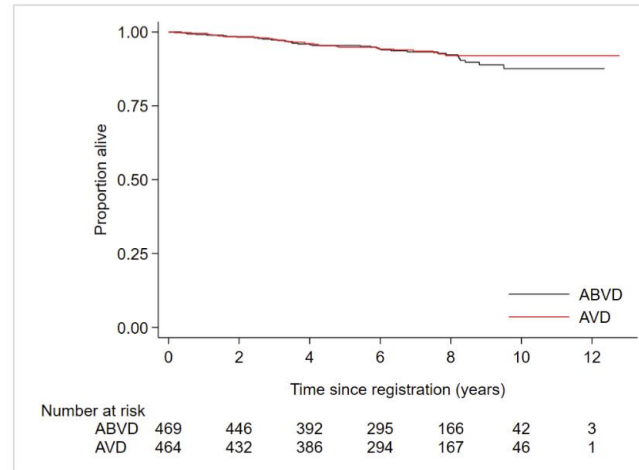
Treatment Guided by PET in Advanced Hodgkin Lymphoma: RATHL Trial

PET-2 negative

PFS of PET-negative pts

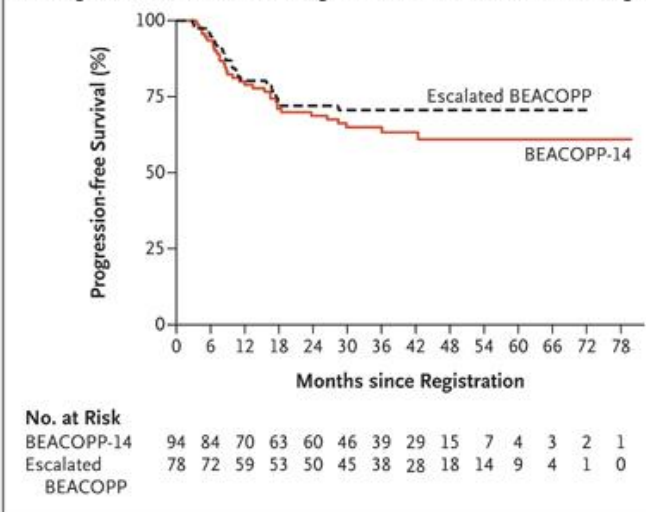


OS of PET-negative pts

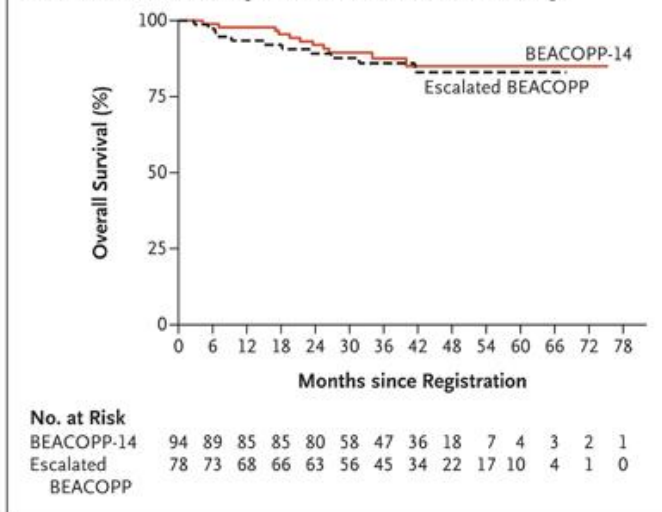


PET-2 positive

C Progression-free Survival among Patients with Positive PET Findings



D Overall Survival among Patients with Positive PET Findings



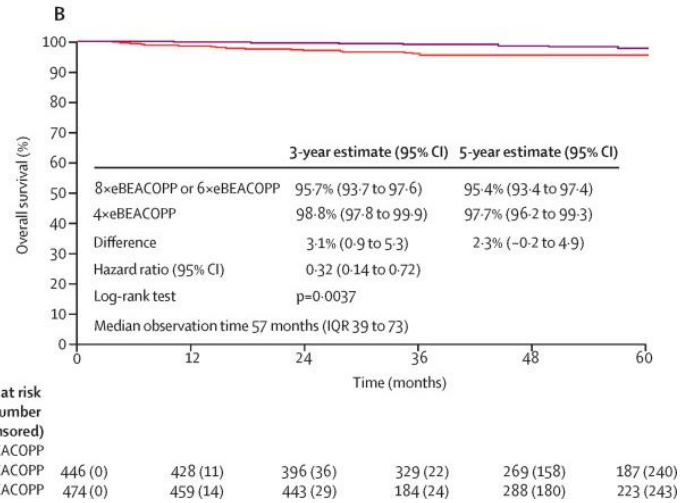
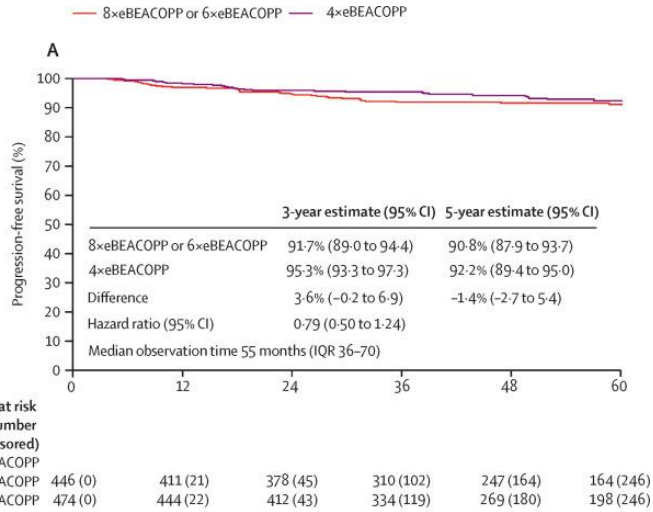
My conclusions –

If you start with ABVD, you can drop the bleomycin if PET-2 negative

Not clear that escalating therapy in PET-2 patients improves outcome

HD18: PFS and overall survival for patients with negative PET-2

4 cycles vs 6/8 cycles

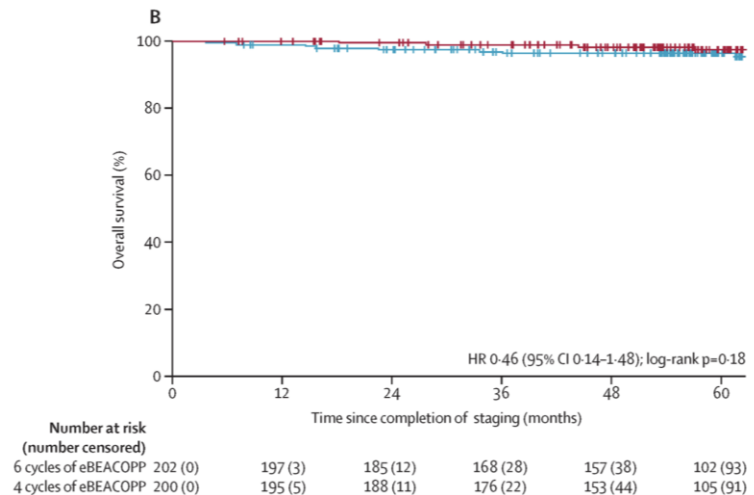
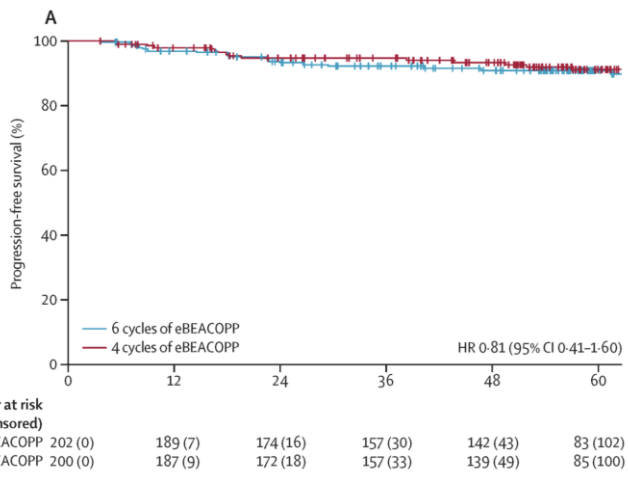


My conclusions –

If you start with eBEACOPP, you can decrease to 4 cycles if PET-2 negative

8 cycles of escBEACOPP decreases survival compared to 4 cycles

4 cycles vs 6 cycles

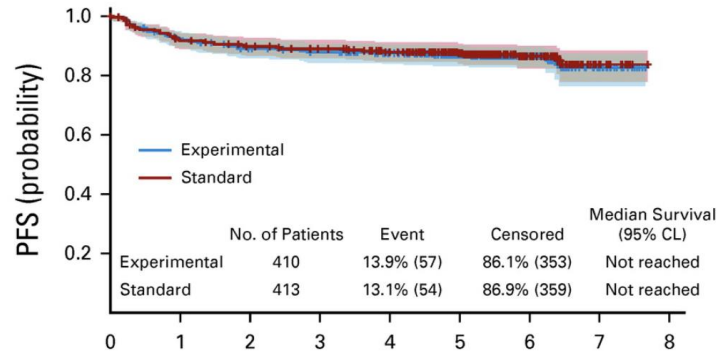


Borchmann et al. Lancet. 2018 Dec 23;390(10114):2790-2802.

Kreissl et al. Lancet Haematol. 2021 Jun;8(6):e398-e409.

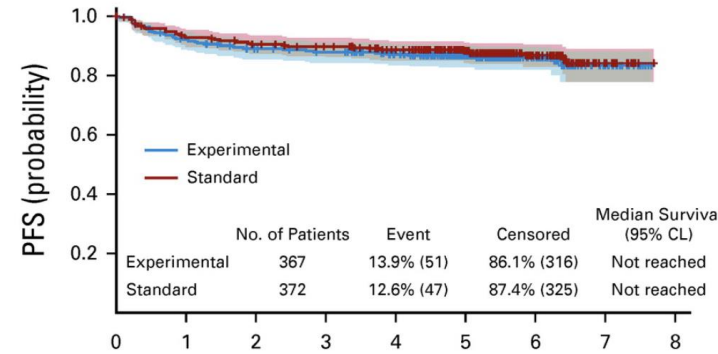
AHL2011: PFS and survival outcomes by treatment group

Intent to Treat



No. at risk:

	0	1	2	3	4	5	6	7	8
Experimental	410	372	353	343	325	233	96	22	0
Standard	413	372	359	351	331	244	102	24	0



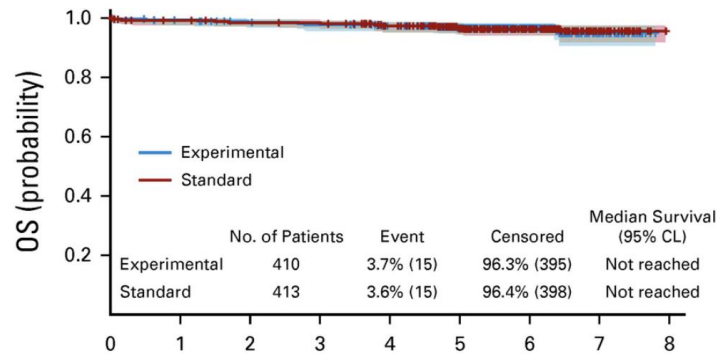
No. at risk:

	0	1	2	3	4	5	6	7	8
Experimental	367	331	314	305	288	206	85	20	0
Standard	372	338	327	319	300	222	96	23	0

My conclusions –

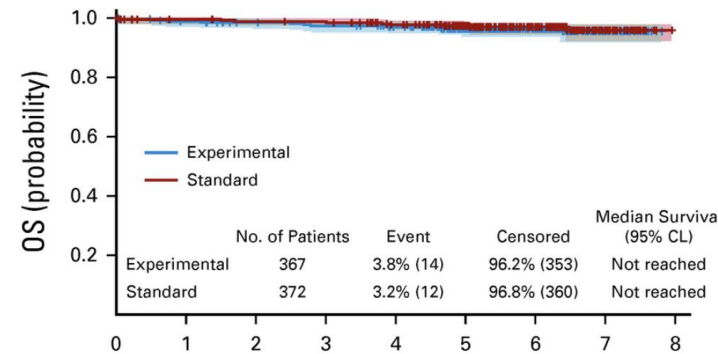
If you start with escBEACOPP, you can switch to ABVD if PET-2 negative

Per Protocol



No. at risk:

	0	1	2	3	4	5	6	7	8
Experimental	410	400	392	387	376	303	152	43	0
Standard	413	403	399	397	380	304	159	42	0



No. at risk:

	0	1	2	3	4	5	6	7	8
Experimental	367	357	349	344	334	267	135	40	0
Standard	372	364	361	360	345	274	150	41	0

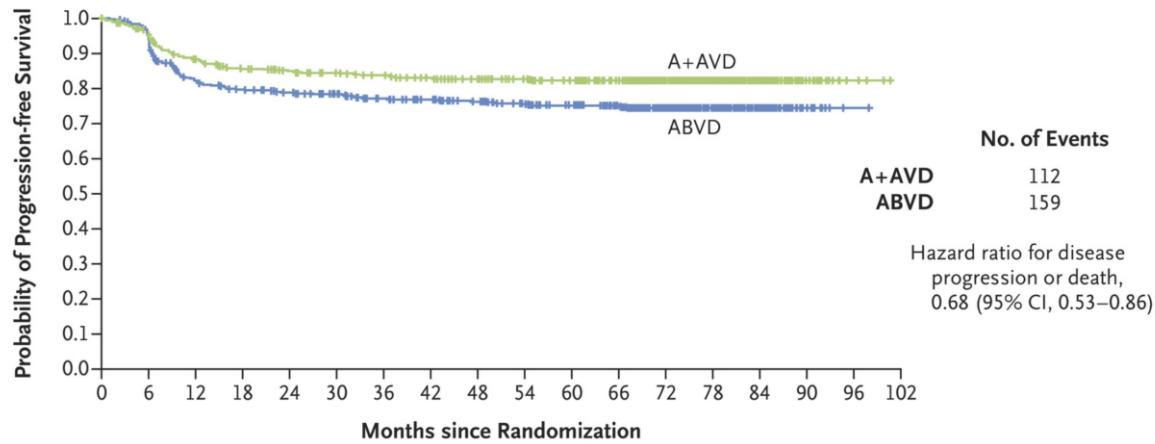
Whether based on ITT or per protocol, a PET-directed treatment approach doesn't actually impact survival.

A PET-driven strategy definitely decreases toxicity – but it doesn't really improve survival

Adding **novel targeted agents** to well-tolerated treatment combinations (like AVD) may achieve both low toxicity and improved outcome

Outcomes with Brentuximab Vedotin + AVD vs. ABVD in Stage III or IV Hodgkin's Lymphoma

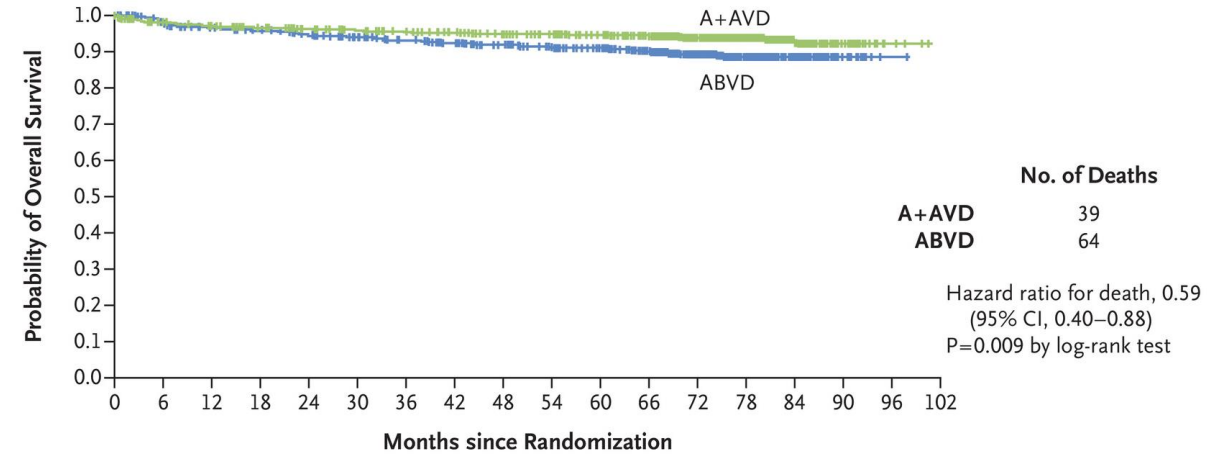
PFS



No. at Risk

A+AVD	664	619	563	537	520	508	496	480	463	448	428	400	305	179	86	24	4	0
ABVD	670	612	520	501	485	465	442	432	414	391	371	338	245	154	67	9	1	0

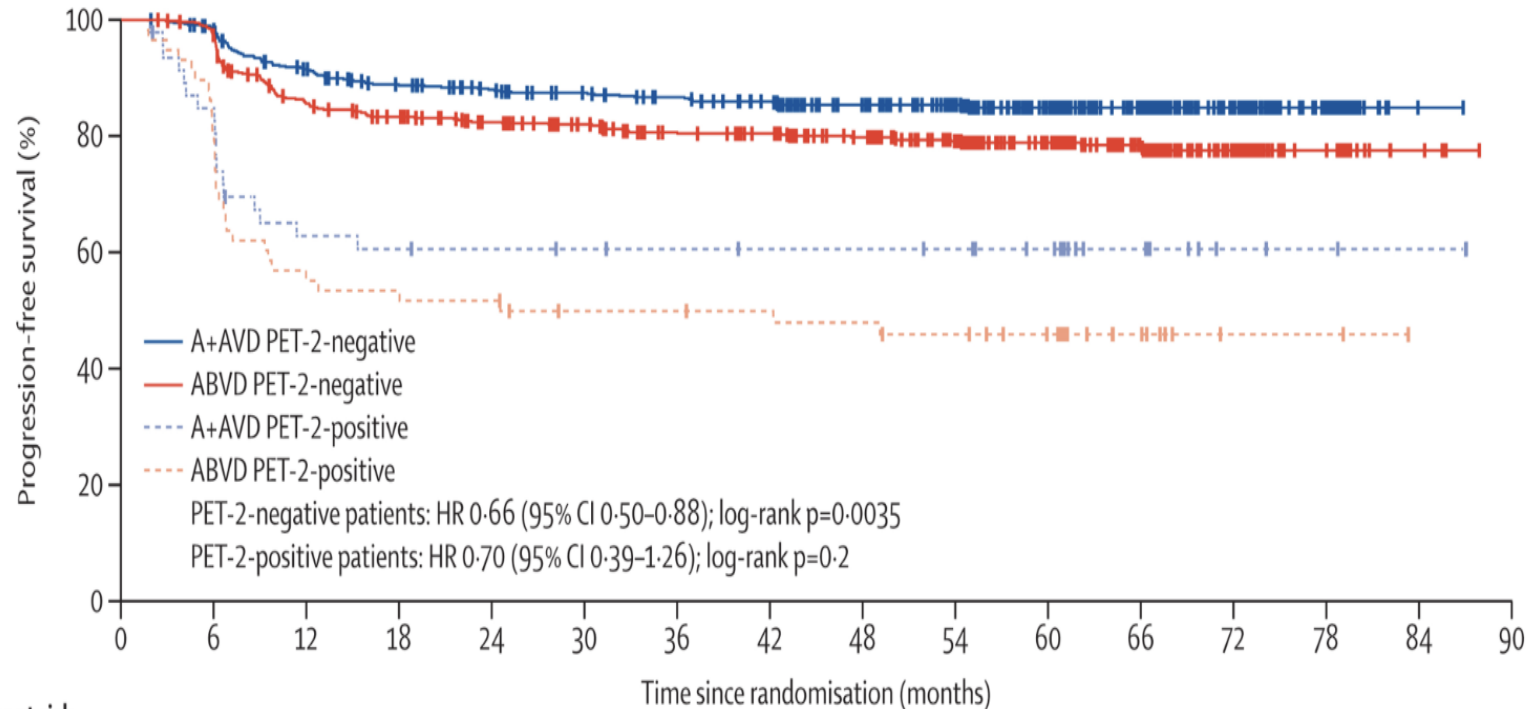
Overall Survival



No. at Risk

A+AVD	664	638	626	612	598	584	572	557	538	517	494	461	350	209	97	27	4	0
ABVD	670	634	614	604	587	567	545	527	505	479	454	411	308	191	84	11	1	0

Outcome with Brentuximab Vedotin + AVD is improved vs. ABVD in both PET positive and PET-negative patients



**6-year OS favored
 A+AVD for both PET2-
 negative patients
 (94.9% vs. 90.6)
 and PET2-positive
 patients (95% vs. 77%).**

Number at risk
(number censored)

A+AVD PET-2-negative	588 (0)	572 (6)	526 (13)	500 (23)	484(35)	472 (44)	460 (52)	444 (64)	417 (88)	386 (119)	312 (191)	189 (314)	98 (405)	36 (467)	1 (502)	0 (503)
ABVD PET-2-negative	578 (0)	558 (4)	483 (13)	463 (20)	442(36)	424 (52)	400 (68)	392 (76)	368 (97)	334 (128)	271 (190)	170 (290)	70 (388)	20 (438)	4 (454)	0 (458)
A+AVD PET-2-positive	47 (0)	39 (1)	28 (2)	27 (2)	26(3)	25 (4)	24 (5)	23 (6)	23 (6)	22 (7)	18 (11)	10 (19)	3 (26)	2 (27)	1 (28)	0 (29)
ABVD PET-2-positive	58 (0)	46 (0)	32 (0)	31 (0)	30(0)	26 (3)	26 (3)	25 (4)	24 (4)	22 (5)	18 (9)	8 (19)	2 (25)	2 (25)	0 (27)	0 (27)

BrECADD Proves Non-inferior to eBEACOPP in Advanced Classical Hodgkin Lymphoma (HD21 trial)

BrECADD - brentuximab vedotin, etoposide, cyclophosphamide, doxorubicin, dacarbazine, and dexamethasone

1500 patients, 749 were randomly assigned to eBEACOPP and 751 were assigned to BrECADD.

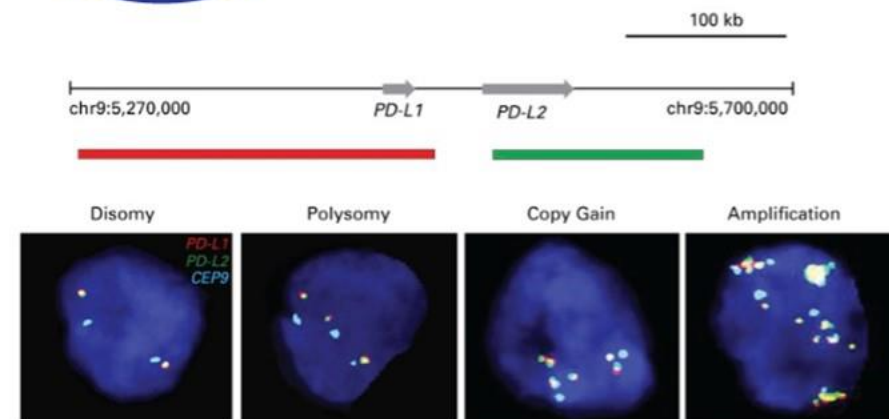
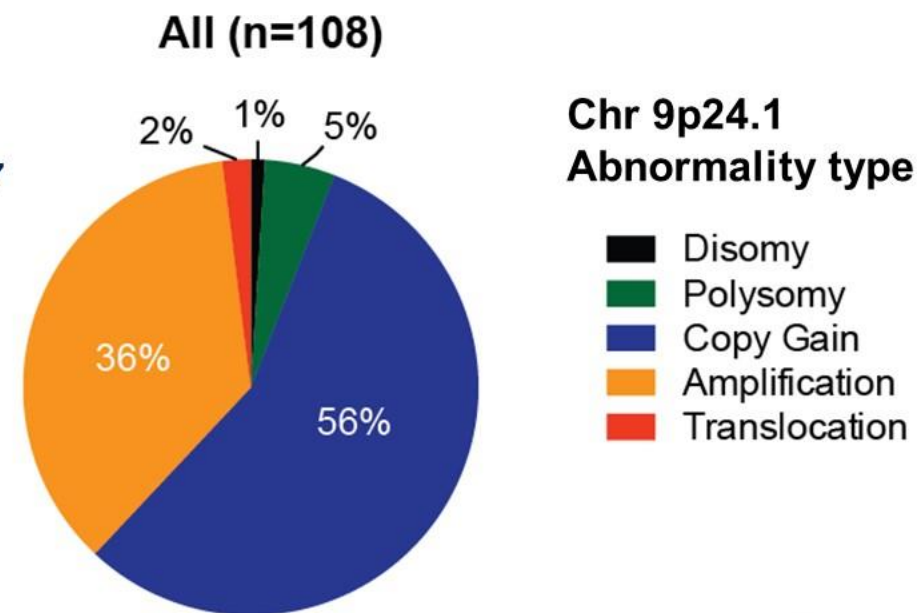
At a median follow-up of 40 months, the estimated 3-year PFS rate with BrECADD (n = 740) was 94.9% (99% CI, 92.8%-97.1%) vs 92.3% (99% CI, 89.7%-94.9%) with eBEACOPP (n = 742) in the intention-to-treat (ITT) population (HR, 0.63; 99% CI, 0.37-1.07).

The 1-year PFS rate with BrECADD was 97.5% (99% CI, 96%-99%).

The estimated 3-year OS rate was 98.5% in both the BrECADD and eBEACOPP arms

Rationale for PD-1 blockade in cHL

- PD-1 ligand genetic alterations (chr 9p24.1) central to cHL pathogenesis⁷
 - More 9p24.1 genetic alteration in advanced stage cHL⁷
 - ↑ 9p24.1 alteration → poorer outcome with standard frontline therapy⁷
- Nivolumab highly effective in relapsed or refractory cHL (ORR ~70%)^{8,9}

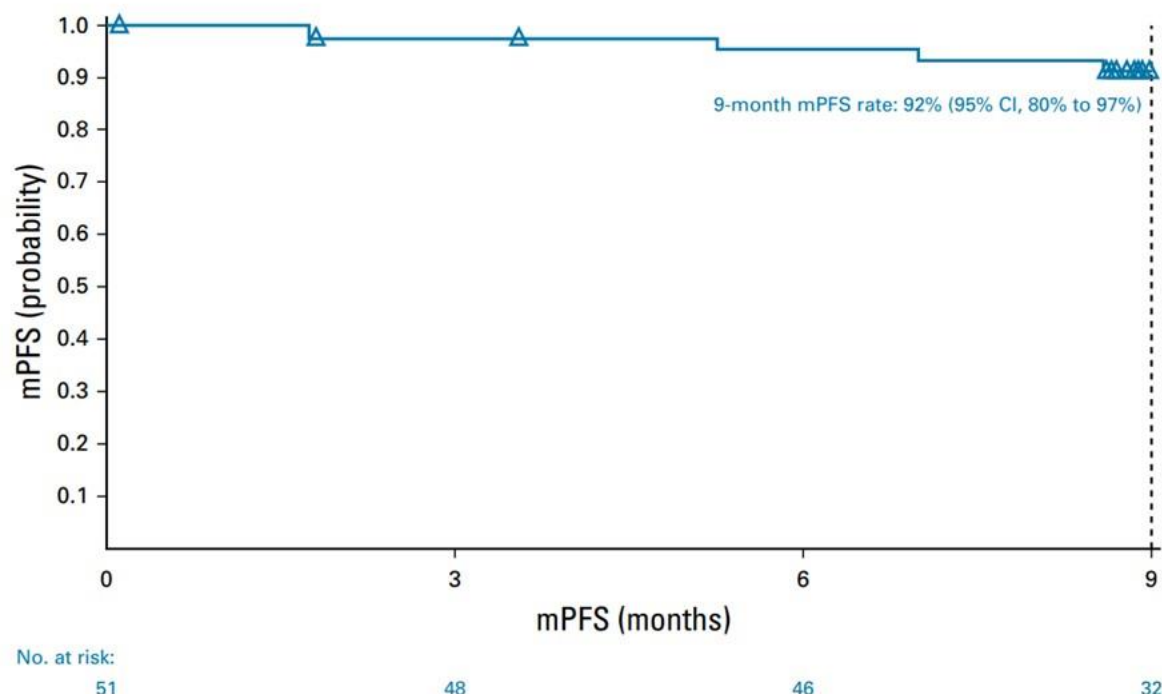


7. Roemer MGM et al JCO 2016. 8. Armand P et al JCO 2018. 9. Younes A et al Lancet Oncol 2016.

Incorporating PD-1 blockade into initial cHL therapy is well-tolerated and highly effective

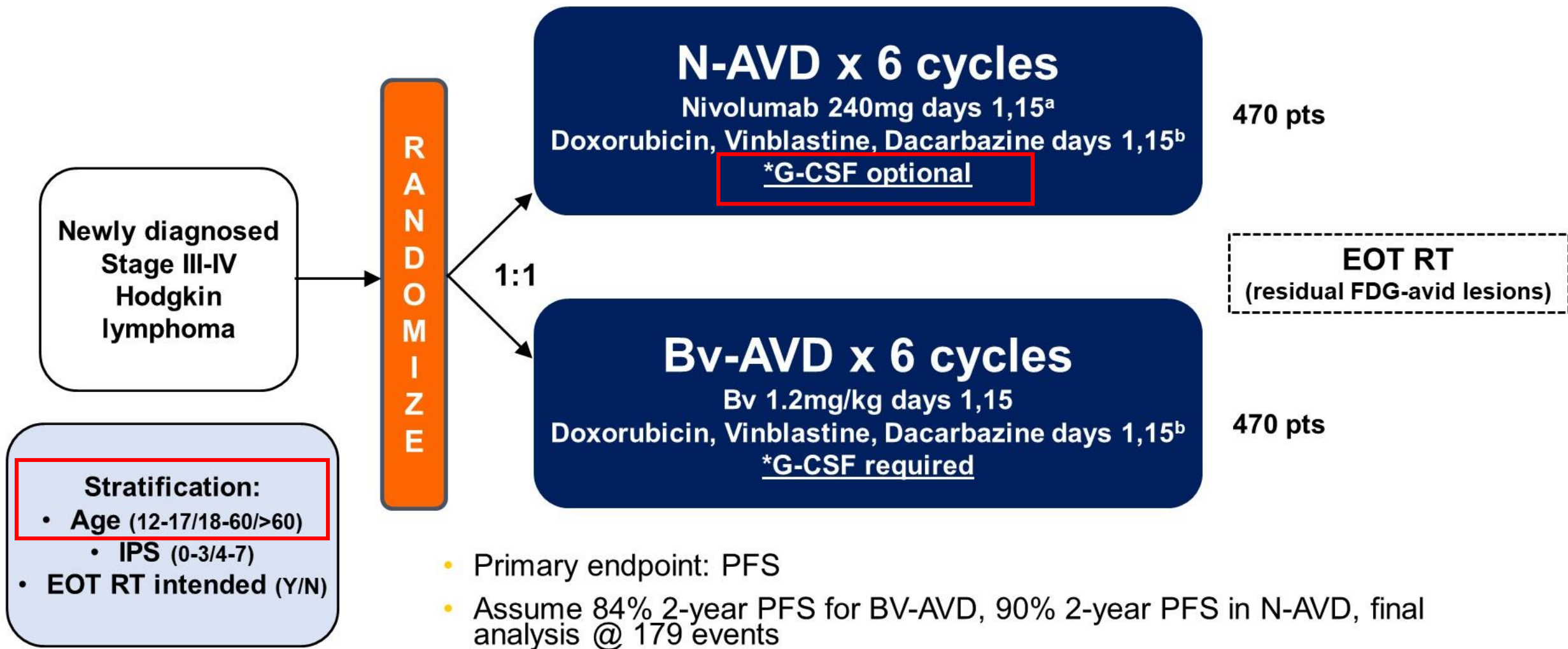
- Studies of frontline PD-1 blockade in cHL have been promising^{10,11,12,13}
 - N-AVD well-tolerated
 - Excellent PFS

1L Nivolumab-AVD in advanced stage cHL



10. Bröckelmann PJ et al JCO. 2023 11. Ramchandren R et al JCO 2019 12. Allen PB, et al Blood. 2021 13. Lynch RC et al Blood 2023

S1826 Study Design



AEs of interest: Hematologic

Toxicity	N-AVD n = 483		Bv-AVD n = 473	
	Any Gr N (%)	Gr ≥ 3 N (%)	Any Gr N (%)	Gr ≥ 3 N (%)
Neutropenia	268 (55%)	227 (47%)	152 (32%)	118 (25%)
Anemia	185 (38%)	29 (6%)	207 (44%)	42 (9%)
Thrombocytopenia	48 (10%)	8 (2%)	82 (17%)	15 (3%)
Received G-CSF	265 (54%)		463 (95%)	
Bone pain	39 (8%)		94 (20%)	

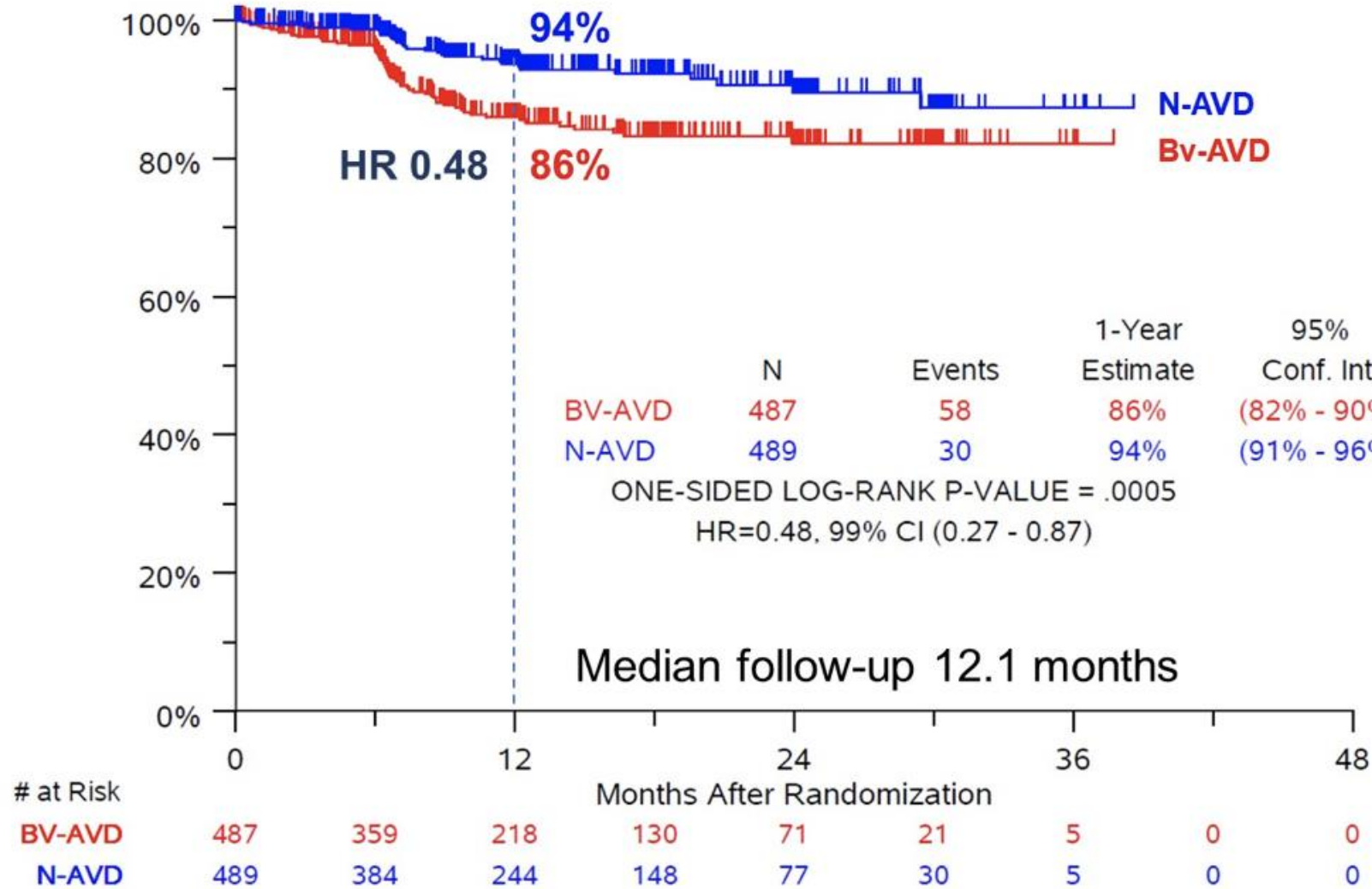
More neutropenia after N-AVD
More growth factor use, bone pain in Bv-AVD arm

AEs of Interest: Peripheral Neuropathy

Toxicity	N-AVD n = 483		Bv-AVD n = 473	
	Any Gr N (%)	Gr ≥ 3 N (%)	Any Gr N (%)	Gr ≥ 3 N (%)
Peripheral sensory neuropathy	138 (29%)	6 (1%)	262 (55%)	37 (8%)
Peripheral motor neuropathy	20 (4%)	1 (0%)	35 (7%)	6 (1%)

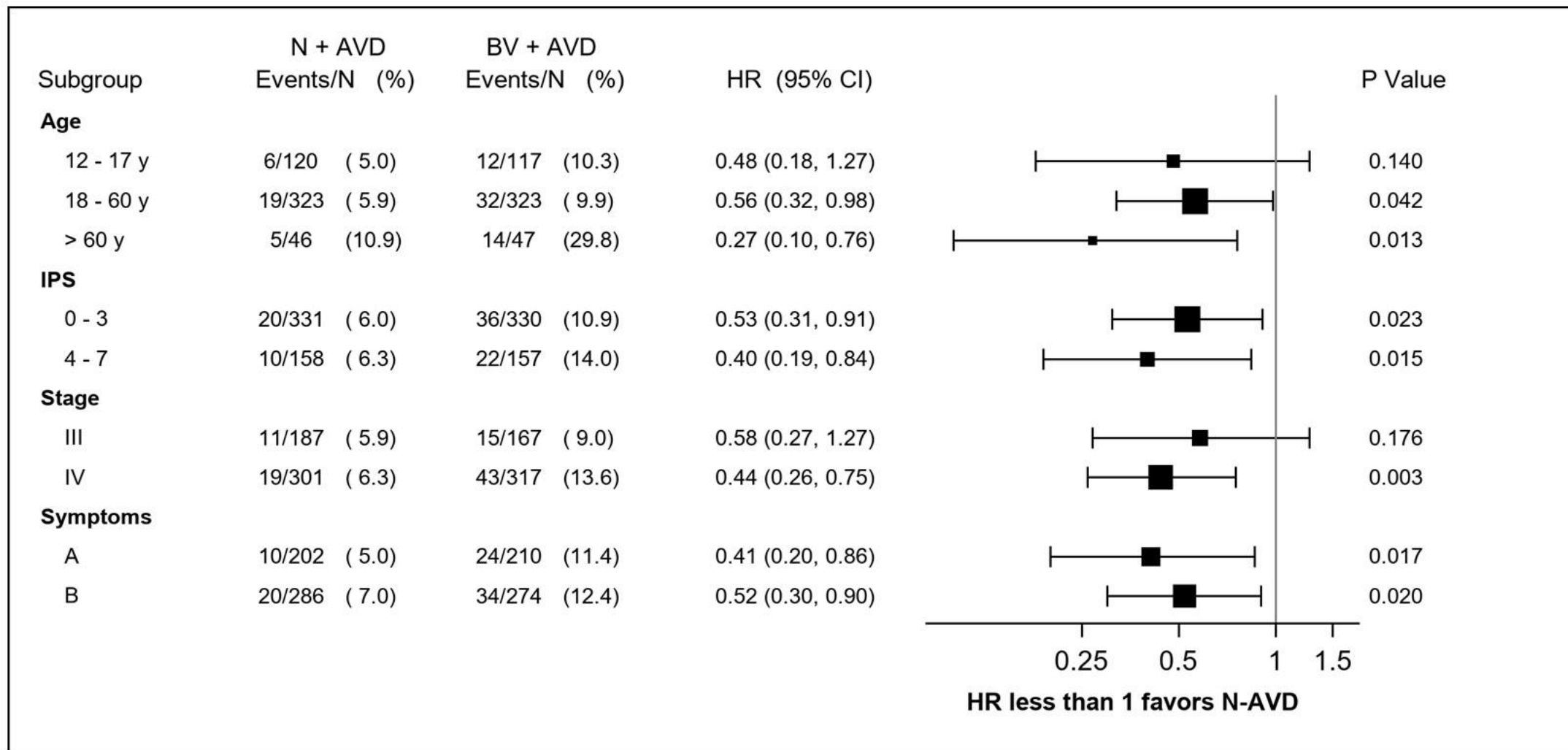
More neuropathy in Bv-AVD arm

Nivolumab+AVD for Newly Diagnosed Advanced-Stage cHL



1-year PFS
N-AVD 94%
Bv-AVD 86%

PFS benefit consistent across subgroups



Conclusions

- First-line N-AVD improved PFS compared to Bv-AVD in advanced stage Hodgkin lymphoma
- N-AVD was well-tolerated
 - Few immune-related adverse events
 - <1% received RT
- Study included adolescent patients, demonstrating that protocols could be harmonized across the pediatric-adult spectrum
- Issues to think about:
 - Short follow-up
 - How will those curves change over time?
 - What will we do in the relapse setting?
- **Likely practice-changing**

Advanced stage Hodgkin lymphoma – BV(N)-AVD vs A(B)VD?

- PET-directed therapy omitting bleomycin as per RATHL is feasible and impacts pulmonary toxicity of therapy
- BV + AVD is associated with more neutropenia (requires growth factor administration) and more neuropathy

My take –

- It is hard to argue with a survival advantage for BV-AVD
- BV-AVD allows for a “set it and leave it” approach
- N-AVD may be better than BV-AVD